

PIONEERING WOMEN OF WESTMINSTER



This 10 mile (approx) ride around Westminster introduces us to women that broke the mould! We'll be hearing about big names like Emmeline Pankhurst and Florence Nightingale as well as lesser known pioneers like the politician Susan Lawrence and the engineer Hertha Ayrton.

The circular route takes us down back streets and on quiet roads so that you can relax and enjoy the ride. This is a great way to build confidence cycling in the city whilst learning new fascinating facts.

START & FINISH: Tokyobike Fitzrovia, 14 Eastcastle St, London W1T

A OCTAVIA HILL (1838-1912) 2 Garbutt Place

Octavia was an English social reformer, whose main concern was the welfare of the inhabitants of cities, especially London. She was key in the fight to save recreational spaces including Vauxhall, Archbishops and Brockwell parks. In 1893 she was one of the three founders who set up the National Trust.



OCTAVIA HILL PLAQUE

B EMMA CONS (1838-1912) 136 Seymour Place

In 1880 Emma Cons reopened the Old Vic Theatre to bring Shakespeare and opera to working class communities. She was the first female alderman of the London County Council, however at the time she didn't have the right to vote! She went on to become very influential in the suffrage movement.



EMMA CONS

C SARAH SIDDONS (1755-1831) Paddington Green

Believed to be the first statue of a non-royal woman erected in London, in 1897. Siddons was a Welsh-born actress known as one of the greatest English tragic actresses.



SARAH SIDDONS

D MARY SEACOLE (1805-1881) St Mary's Churchyard

Mary was a Jamaican born nurse of Scottish and African descent. She came to prominence through her work treating injured soldiers during the Crimean War. She travelled there independently after her application to the War Office was rejected.



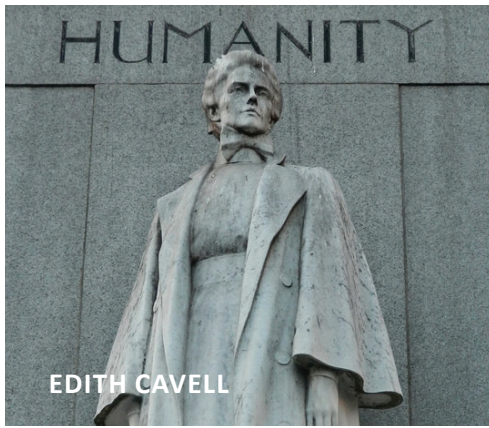
MARY SEACOLE

E SUSAN LAWRENCE (1871-1947) 44 Westbourne Terrace

Susan was a labour politician who worked to improve the working conditions for women in factories during WWI. She was imprisoned in Holloway for 5 weeks for her campaigning efforts to alleviate poverty in Poplar and was one of the first three female Labour MPs and went on to become the Parliamentary Secretary to the Ministry of Health in 1929.



SUSAN LAWRENCE PLAQUE



EDITH CAVELL



SUFFRAGETTE MEMORIAL



F HERTHA AYRTON (1854-1923) 41 Norfolk Square

Hertha was a British engineer, mathematician, physicist, and inventor. She was awarded the Hughes Medal by the Royal Society for her pioneering work on electric arcs and ripples in sand and water.



HERTHA AYRTON

G EMMELINE PANKHURST (1858-1928) Victoria Tower Gardens

Emmeline was a prominent suffragette and women's rights activist. She founded the Women's Social and Political Union in 1903 with her daughter Cristabel Pankhurst. Emmeline supported militant activity to further the movement however at the outbreak of WWI she turned her attention to increasing work responsibilities for women.



EMMELINE PANKHURST

H SUFFRAGETTE MEMORIAL STATUE Christchurch Gardens

This statue commemorates the individuals who fought for women's suffrage in the UK. It was made by Edwin Russell and unveiled in 1971. It is based on the first petition for women's suffrage that was delivered to parliament by Emily Davies in 1866.

I ADA COUNTESS OF LOVELACE (1815-1852) 12 St James's Square

An English mathematician and writer, chiefly known for her work on Charles Babbage's early mechanical general-purpose computer, the Analytical Engine. She is often regarded as the first computer programmer through her creation of the first algorithm.



COUNTESS OF LOVELACE

J NANCY ASTOR (1879-1964) 4 St James Square

Nancy was the first female MP to take her seat, a position she held from 1919 to 1945. Born in America she came over the UK after marrying her second husband Waldorf Astor. Despite marrying into English aristocracy, she is quoted as saying "I married beneath me, all women do."



NANCY ASTOR

K FLORENCE NIGHTINGALE (1820-1910) Pall Mall

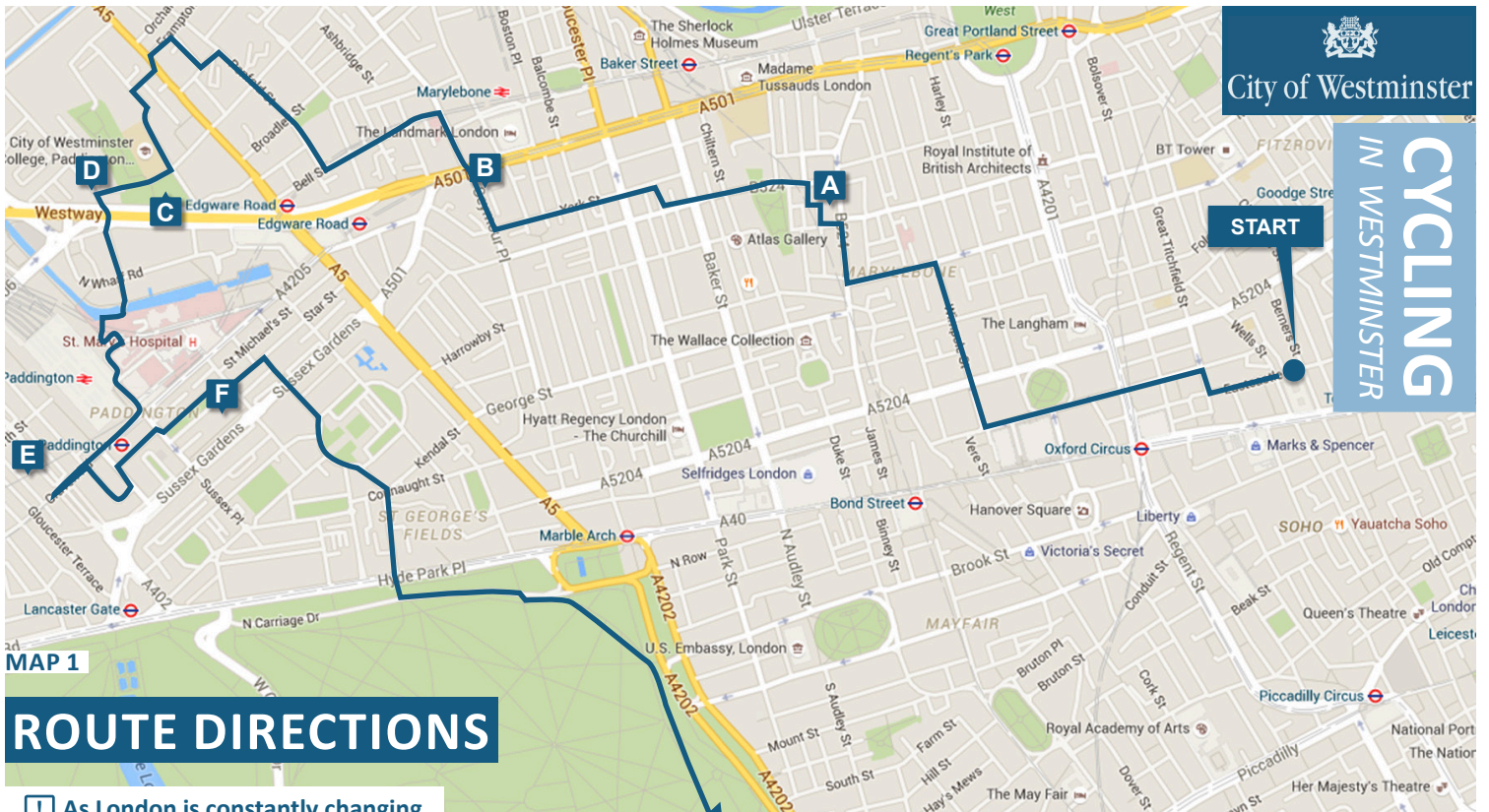
A celebrated English social reformer and statistician, and regarded as the founder of modern nursing. Florence came to prominence for her work during the Crimean War. She founded the first secular nursing school at St Thomas' Hospital in 1860 and helped to professionalise nursing roles for women.



FLORENCE NIGHTINGALE

L EDITH CAVELL (1865-1915) William IV Street

Edith was appointed Head of Nursing at Belgium's first training school for nurses in Brussels in 1907. She is celebrated for saving the lives of soldiers and in helping some 200 Allied soldiers escape from German-occupied Belgium during the First World War.



MAP 1

ROUTE DIRECTIONS

! As London is constantly changing, check road signs and adapt route as necessary.

L Left SO Straight on X Cross Roads LHS Left Hand Side
R Right T T Junction TL Traffic Lights RHS Right Hand Side
RAB Roundabout

START: from **tokyobike** Fitzrovia 14 Eastcastle Street
Cycle west along Eastcastle Street. Follow road
R onto Great Titchfield Street
Turn L onto Margaret Street
After Cavendish Square Gardens bear **R**
Turn R onto Wimpole Street
Turn L New Cavendish Road
Bear R, turn R onto Thayer St B524
Take 2nd L onto Moxon Street
1st R Garbutt Rd

A OCTAVIA HILL 2 Garbutt Place

Continue up Garbutt Pl on foot
Turn R through Grotto Passage
Rejoin and **head L** on Paddington St
Continue **straight @ TL** onto Crawford St
R @ Montague Mansions
L @ York St
At T junction turn **R** onto Seymour Pl
Pull over on **L** opposite

B EMMA CONS 136 Seymour Place

@ TL continue straight over Marylebone Rd onto Lisson Grove
(short traffic lights)
1st L Bell St
R @ Penfold St
L @ Boscobel St
1st R onto Hatton St
L @ Frampton St
At the end of Frampton Street, **dismount** and use pedestrian
crossing over Edgware Rd
Rejoin road on Cuthbert St
At the end of Cuthbert St, **turn L** onto Hall Pl

Continue through barriers, **@** corner of Paddington Green,
dismount and walk into Paddington Green to

C SARAH SIDONS STATUE Paddington Green

Walk towards Santander Docking station and Cycle back towards
Paddington Green, **turn L** beside St Mary's Church, continue onto
St Mary's Square.
Corner of St Mary's Square and St Mary's Square cycle path
going **left** is

D MARY SEACOLE STATUE St Mary's Churchyard

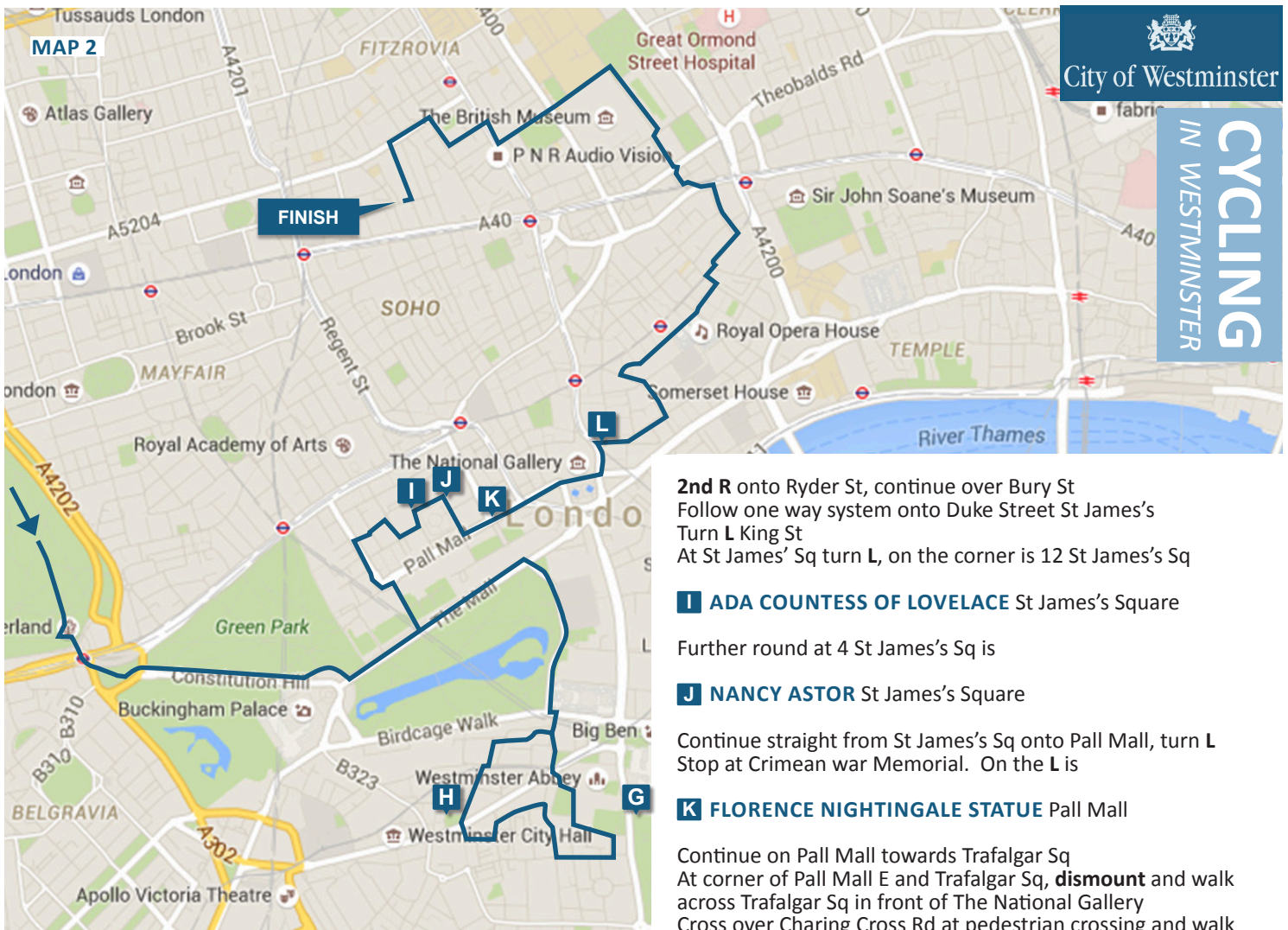
Take St Mary's Square **cycle path** over Harrow Road on
Hermitage St
At end of Hermitage Street, **dismount** and use pedestrian bridge
over Paddington Basin
Follow wooden walkway **L** onto cobbled path onto S Wharf Rd
Continue onto London St
R @ TL onto Praed St, continue onto Craven Rd
R @ TL onto Westborne Terrace, immediately take the **L** onto
Westborne Terrace loop
On the **L** is

E SUSAN LAWRENCE 44 Westborne Terrace

Follow the loop round and cross over Westborne Terrace onto
Westborne Terrace
Rejoin Westborne Terrace turn **L @ TL** onto Craven Rd
1st R onto Conduit Mews
L @ Spring St
1st R Conduit Pl
Cross over London St into Norfolk Square, follow round to

F HERTHA AYRTON 41 Norfolk Square

Using **cycle path** turn **L** on Norfolk Sq, cross over Norfolk Pl onto
Star St
1st R Southwick St, continue on to Hyde Park Crescent and into
Titchborne Row
Use **cycle crossing** to cross over Connaught Street onto Albion St
@ TL use cycle path to cross over Hyde Park Pl and into Hyde
Park
L @ N Carriage Dr
Turn R onto cycle path in Hyde Park at Speakers Corner towards
Hyde Park Corner



Use cycling infrastructure to cross over S Carriage and Piccadilly onto Wellington Arch
 Use **cycle path** in Green Park adjacent to Constitution Hill
 Follow cycle path round onto The Mall
 Cross over The Mall onto Horse Guard Parade
L @ Birdcage Walk, **1st R** Storey's Gate
R @ Victoria St
1st L @ TL Great Smith Street
L @ Little Smith St
L @ Tufton St, onto Great College Street
Dismount at the end of Great College St, use **pedestrian crossing** to enter Victoria Tower Gardens for

G EMMELINE PANKHURST STATUE Victoria Tower Gardens

Cross back onto Great College Street
R @ Little Smith Street
R @ Great College Street
L @ Abby Orchard St, turn **L** at T junction
1st R Pye Street
R @ Strutton Ground
 @ **TL** continue over Victoria Street, pull over on left **dismount** and walk into Christchurch Gardens to

H SUFFRAGETTE MEMORIAL STATUE Christchurch Gardens

Rejoin Broadway past St James Underground station
R @ Toothill St, **1st L** Carteret St
R onto Queen's Gate St, turn **L** onto Old Queen St
 @ Storey's Gate turn **L** and retrace route back to The Mall
L @ The Mall
 Turn **R** @ Marlborough Rd
 Turn **L** onto St Jame's St

2nd R onto Ryder St, continue over Bury St
 Follow one way system onto Duke Street St James's
 Turn **L** King St
 At St James' Sq turn **L**, on the corner is 12 St James's Sq

I ADA COUNTESS OF LOVELACE St James's Square

Further round at 4 St James's Sq is

J NANCY ASTOR St James's Square

Continue straight from St James's Sq onto Pall Mall, turn **L**
 Stop at Crimean war Memorial. On the **L** is

K FLORENCE NIGHTINGALE STATUE Pall Mall

Continue on Pall Mall towards Trafalgar Sq
 At corner of Pall Mall E and Trafalgar Sq, **dismount** and walk across Trafalgar Sq in front of The National Gallery
 Cross over Charing Cross Rd at pedestrian crossing and walk alongside St Martin in the Field. On the corner of Charing Cross Rd and St Martin's Pl is

L EDITH CAVELL STATUE St Martin's Place

Continue on St Martin's Pl on William IV St
L @ Chandos Pl
L @ Bedford St, continues on to Garrick St
R @ Floral St
 @ Bow St **dismount** and cross into Broad Ct in front of Bow Magistrate Court

Walk down Broad Ct, turn **L** onto Drury Lane

1st R Great Queen St
L Newton St
L @ High Holborn
 Bear **R** onto New Oxford St
 After **TL 1st R** Bury Lane
 Continue onto Bury Lane @ **TL** using cycle contraflow
R @ Great Russell St, **1st L** Montague St
L @ Montague Pl, cycle contraflow

Continue **straight @ TL** onto Bedford Sq, use cycle contraflow, rejoin and continue on Bayley St
 Turn **R** onto Tottenham Court Rd
 After **TL** turn **L** Windmill St, continue through barriers
R @ Charlotte St
 At **TL** turn **L** onto Goodge St
3rd L onto Berners St
Dismount at Eastcastle St and walk right to 14 Eastcastle Street, **tokyobike** Fitzrovia

END